

# 1762

## THE GOURMET DELI

### BREAKFAST

<b>BLAT Wholemeal Bagel</b>	32
turkey bacon, lettuce, avocado and tomatoes	
<b>Kale Me Burrito</b>	32
crispy bacon, potatoes, peppers, kale, scrambled eggs, chill	
<b>Tomato &amp; Herb Omelette</b>	30
fresh herbs and tomatoes (cheese free)	
<b>Breakfast Sunrise Croissant</b>	30
eggs, monterey jack cheese, tomatoes and rocket	
<b>Middle Eastern Breakfast Wrap</b>	32
halloumi, tomatoes, cucumbers, olives, za'atar and mint	
<b>Wickedly Good Bircher Museli</b>	27
gluten free oats, banana, almond milk, honey, chia, sunflower & pumpkin seeds, fruit	
<b>Oak-Smoked Salmon Bagel</b>	37
rocket and wasabi cream cheese	
<b>Tomato &amp; Cheddar Toastie</b>	21
<b>Sausage &amp; Egg Bap</b>	30
beef sausage, cheddar and 1762 secret sauce	
<b>'Super Skinny' Egg White Wrap</b>	32
egg white omelette, spinach, salsa and feta	
<b>Smoked Turkey &amp; Emmental Croissant</b>	24
turkey ham and emmental cheese	
<b>Morning Mix</b>	
individual pots of muesli, yoghurt and more	
small	21
large	26

### COMBOS

<b>Hearty Combo</b>	26
Your choice of one pastry with a hot beverage. Substitute for a bagel or an orange juice for +AED 6. Choose from the below: Croissant, Muffin, Toast, Scone or Pain au Chocolat	
<b>Healthy Combo</b>	36
Your choice of one breakfast pot with either a hot beverage or orange juice. Choose from the below: Mighty Healthy Organic Porridge, Wickedly Good For You Bircher Muesli or Large Morning Mix	
<b>Protein Combo</b>	42
Your choice of one breakfast item with a hot beverage. Substitute for an orange juice for +AED 6. Choose from the below: Filled Omelette, or Super Skinny Egg White Wrap	

### OUR BEVERAGES

#### Hot Beverages

Espresso, Caffe Macchiato	13
Double Espresso, Double Caffe Macchiato	15
Cappuccino, Latte, Flat White	19
Hot Chocolate, Mocha	19
Americano	16
Dammann Fine Teas	16

#### Fresh Juices & Refreshers

Black Magic Lemonade	24
Green Extreme	24
Zest For Life	24
Berry Boost Smoothie	24
Fresh Homemade Rose Lemonade	21
Peach Iced Tea	21
Fresh Lemon & Mint Juice	21
Freshly Squeezed Orange Juice	21
Infused Water	12

#### Bottled Beverages

Dolomia Mineral Water	10
Dolomia Sparkling Water	12
Jax Coco Water	19
Cucumber Water	21
Tamaya Juices	21

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### SANDWICHES, WRAPS & ROLLS

<b>1762 Roast Beef Yorkshire Pudding Wrap</b>	<b>42</b>
spinach, caramelised onions, horseradish mustard, and a pot of gravy	
<b>Homemade Caprese Focaccia</b>	<b>38</b>
mozzarella, rocket, basil, tomatoes, pesto and black olives	
<b>Salmon &amp; Avocado Nori Roll</b>	<b>42</b>
red cabbage, mangoes, spring onions, lime, sesame, pickled ginger, kewpie mayo, sushi rice and nori	
<b>Arabic Flatbread Toastie</b>	<b>36</b>
halloumi, tomatoes, courgettes, kalamata olives, za'atar and mint pesto	
<b>Poached Prawn Brioche</b>	<b>40</b>
peppers, fennel, chives, rocket, tarragon aioli	
<b>Jalapeño Chicken Wrap</b>	<b>40</b>
cheddar, coriander, spinach wrap, smoked chipotle peppers and mayo	
<b>Organic Free-Range Egg Mayo on Granary</b>	<b>28</b>
chives, rocket, mustard and low-fat mayo	
<b>Tuna Salad on Granary</b>	<b>34</b>
celery, spring onion, parsley, capers, gherkins, lemon, mixed greens, mayo	
<b>Falafel Wrap</b>	<b>34</b>
markouk bread, rocket, tomatoes, cucumbers, feta, onions, raita and pickled turnip	
<b>The Deli Club</b>	<b>42</b>
pulled bbq chicken, crispy turkey bacon, avocado, egg, tomato, rocket & mustard mayo	
<b>Chicken Parmigiana</b>	<b>40</b>
breaded chicken, mozzarella, marinara sauce, rocket	
<b>Smoked Salmon &amp; Avocado on Rye</b>	<b>42</b>
asparagus pesto and rocket	
<b>Peppered Beef Pastrami</b>	<b>40</b>
pastrami, gherkins, emental cheese & mustard mayo	
<b>Sandwich of the Day</b>	<b>40/42</b>
check the blackboard for todays specials	

### SALADS & SPECIALS

<b>1762 Salads</b>	
small	<b>28</b>
medium	<b>37</b>
<b>ADD A PROTEIN SIDE TO YOUR SALAD</b>	
Cajun Chicken Breast	<b>27</b>
Poached Salmon with Lemon & Dill	<b>30</b>
<b>Smashed Avocado on a Cape Seed Loaf</b>	
avocado, lemon, and mustard cress	
one slice	16
two slices	30
<b>Super Healthy Prawn &amp; Avocado Cup</b>	<b>28</b>

### SIDES & ACCOMPANIMENTS

<b>Stuffed Avocado</b>	
Jalapeno Chicken	28
Tuna Dill & Gherkins	27
<b>Quiches of the Day</b>	<b>34-37</b>
served on a bed of mixed leaves top it up with a scoop of salad (+AED 16)	
<b>Soup of the Day</b>	<b>27</b>
served with baguette and butter	

### SWEETS

<b>Protein Power Trio</b>	<b>19</b>
<b>Cake of the Day</b>	<b>21/25</b>
<b>Salted Billionaires' Shortbread</b>	<b>21</b>
<b>Raw Vegan Cake of the Day</b>	<b>28</b>
<b>Date &amp; Coconut Balls</b>	<b>24</b>
<b>Coconut Slice</b>	<b>19</b>
<b>PB Brownie</b>	<b>18</b>