

1762

Sunday specials

Soup: Spiced red & lentil
SOD: Buffalo chicken wrap
Salads: Chicken Caesar
Superfood quinoa
Avocado edamame cucumber
Wasabi red skin potato
Tom pom salad
Crunchy kale rainbow
Quiche: Turkey bacon quiche

Monday specials:

Soup: Chicken noodle soup
SOD: Mexican fajita
Salads: Chicken couscous salad
The mean green salad
Super raspberry
Mixed bean salad
The Popeye
Protein power goddess
Quiche: Roasted red pepper, spinach & feta

Tuesday specials:

Soup: Sweet potato & coconut
SOD: Spicy chicken bap
Salads: Chicken Caesar
Balela vegan
Grilled halloumi, asparagus & quinoa salad
The Greek farro
Nutty Pear
Tom pom salad
Quiche: WF kale & broccoli quiche

Wednesday Specials:

Soup: Lemon & lentil
SOD: 1762 Down under steak sandwich
Salads: Chicken couscous
Asian gaba and 3 rice tofu
Roasted chickpea salad
Pesto fussili salad
Beetroot green bean & feta
Healthy green salad
Quiche: Salmon, broccoli & chives

Thursday Specials:

Soup: Chicken & mushroom
SOD: Italian mozzarella meatballs
Salads: Chicken Caesar
Orzo with cherry tomatoes & mozzarella with pesto dressing
The loaded potato
Pearl couscous with smoked paprika
The healthy nut
Kale Tabbouleh
Quiche: Salmon, courgette, asparagus & dill