

# 1762

## SANDWICHES, BAGELS & PANINIS

### The Rainbow Sandwich 32

basil almond pesto, avocado, beetroot, carrots, peppers, cucumbers and red cabbage

### Vietnamese Chicken Baguette 32

lemongrass chicken, spring onions, cucumbers, carrots, onions, basil, coriander and chillies

### Homemade Caprese Focaccia 35

fresh mozzarella, rocket, basil, sliced tomatoes, pesto and black olives

### Poached Prawn Brioche 38

peppers, fennel, chives, rocket and tarragon aioli

### Grilled Chicken & Sundried Tomato on Granary 30

mixed greens, thyme and lemon

### 1762 "Down Under" Steak Sandwich 38

roast beef, mushrooms, rocket, cheddar, beetroot, caramelised onion jam and mustard mayo on a homemade brioche

### Arabic Flatbread Toastie 32

halloumi, tomatoes, courgettes, kalamata olives, za'atar and mint pesto

### Lemon Za'atar Chicken & Halloumi Toastie 35

fresh mozzarella, baby spinach and oven-roasted cherry tomatoes on arabic flatbread

### Pepper-Crusted Beef Pastrami & Swiss on Rye 35

with sliced dill pickle & dijonnaises

### Organic Free-Range Egg Mayo on Granary 25

chives, rocket, mustard and low-fat mayo

### Tuna Salad on Granary 32

celery, spring onions, parsley, capers, gherkins and mixed greens

### Crab & Salmon Nori Roll 38

avocado, cucumbers, coriander, beetroot and kewpie mayo with sides of ginger, soy sauce and wasabi

## SANDWICH OF THE DAY

Check our blackboard or visit [www.1762.ae](http://www.1762.ae) for our daily specials.

## 1762 WRAPS

### 1762 Roast Beef Yorkshire Pudding Wrap 38

spinach, caramelised onions and horseradish mustard with a pot of gravy

### Hoisin Duck Wrap 38

szechuan duck confit, peppers, spring onions, coriander and hoisin plum sauce

### Buffalo Chicken Wrap 35

celery, rocket, cherry tomatoes and no-mayo ranch dressing on a sundried tomato wrap

### Falafel Wrap 30

rocket, tomatoes, cucumbers, feta, onion, raita, and pickled turnips on markouk bread

### Sumac Chicken Moussakan Wrap 35

marinated onions and olive oil drizzle with a side of sumac yoghurt

### Jalapeno Chicken Wrap 35

cheddar, coriander, smoked chipotle peppers and mayo on a spinach wrap

### Skinny Smoked Salmon Wrap 38

cucumbers, dill, guacamole and mixed leaves on a wholemeal wrap

## SALADS

Check our deli counter or visit [www.1762.ae](http://www.1762.ae) for our daily specials.

Small 24

Medium 32

Large 45

### ADD A PROTEIN SIDE (Wheat Free)

Grilled Chicken with Lemon & Thyme 22

Poached Salmon with Lemon & Dill 22

## QUICHES OF THE DAY

Check our blackboard or visit [www.1762.ae](http://www.1762.ae) for our daily specials.

Served with Mixed Leaves 32

Add a Side Salad 12

## SOUP OF THE DAY

Served with Baguette & Butter

Medium 22

Large 25

# 1762

## BREAKFAST

|  |    |
|--|----|
| <b>1762 All Day Burrito</b>  | 28 |
| egg, onions, chillies, peppers, potato, coriander and cheddar  |    |
| <b>Sausage &amp; Egg Bap</b>   | 28 |
| beef sausage, cheddar and 1762 secret sauce  |    |
| <b>Breakfast Sarnie</b>  | 30 |
| omelette with sharp cheddar, turkey ham, rocket, tomatoes and 1762 secret sauce                              |    |
| <b>Filled Omelette</b>   | 28 |
| cheddar, mushrooms, courgettes, cherry tomatoes and herbs  |    |
| <b>Oak Smoked Salmon Bagel</b>   | 35 |
| rocket and wasabi cream cheese   |    |
| <b>Smoked Turkey &amp; Emmental Croissant</b>  | 22 |
| turkey ham and emmental cheese   |    |
| <b>Middle Eastern Breakfast Wrap</b>   | 30 |
| halloumi, tomatoes, cucumbers, olives, za'atar and mint  |    |
| <b>Cheese &amp; Herb Scone</b>   | 38 |
| smoked mackerel pâté, chive crème fraîche, cucumbers and rocket  |    |
| <b>'Super Skinny' Egg White Wrap</b>   | 32 |
| egg white omelette with spinach, salsa and feta  |    |
| <b>Smoked Salmon Buckwheat Pancake</b>   | 32 |
| rocket, baby spinach, horseradish cream cheese, and capers   |    |
| <b>BLAT Wholemeal Croissant</b>  | 25 |
| turkey bacon, lettuce, avocado and tomatoes  |    |
| <b>Smoked Turkey &amp; Emmental Toastie</b>  | 22 |
| turkey ham and emmental  |    |
| <b>Breakfast Sunrise Croissant</b>   | 28 |
| egg, monterey jack cheese, tomatoes and rocket   |    |
| <b>Protein Sandwich</b>  | 25 |
| low-fat yoghurt, tomatoes, smoked turkey and egg   |    |
| <b>Tomato &amp; Cheddar Toastie</b>  | 20 |
| sliced tomato and cheddar cheese   |    |
| <b>Chia, Berry, Kiwi &amp; Coconut Pot</b>   | 22 |
| blueberries, almond milk, raspberries, maple syrup, spinach and seeds  |    |
| <b>Fresh Fruit Salad</b>   | 18 |
| orange, kiwi, mango, watermelon, melon, pineapple, apple, strawberry, pomegranate, papaya, peaches and grape |    |
| <b>'Wickedly Good For You' Bircher Muesli</b>  | 25 |
| wheat-free oats, bananas, almond milk, honey and seeds   |    |
| <b>Morning Breakfast Pot</b>   |    |
| individual pots of yoghurt & muesli  |    |
| small  | 18 |
| large  | 22 |

## SAVOURY SELECTIONS

|  |    |
|--|----|
| <b>1762 Platter Boxes</b>  | 38 |
| Antipasti Box, Cheese Box, Seafood Box   |    |
| <b>The Beetroot &amp; Potato Rosti</b>   | 32 |
| whipped feta, smashed avocado, sweet potatoes, coriander, onions, horseradish and herbs              |    |
| <b>Wheat-Free Middle Eastern Chicken Patty</b>   | 25 |
| courgette, spring onion, egg, mint, garlic and sumac yoghurt   |    |
| <b>1762 Tatties &amp; Dip</b>  | 25 |
| rosemary and garlic roasted potatoes, labneh and spring onion dip.<br>Available Tuesdays & Thursdays |    |

## BAKERY & SWEETS

A delicious assortment of freshly baked cakes, tarts, cookies and pastries are available every day.

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|--|----|
| <b>Freshly Baked Scones, Muffins, Bagels &amp; Croissants</b>                |    |
| <b>Selection of Cakes, Tortes &amp; Cheesecakes</b>                          |    |
| <b>Raw Vegan Cake of the Day</b>   | 25 |
| <b>Lavender Panna Cotta</b>  | 20 |
| <b>Millionaires' Shortbread, Twix Brownie, Bakewell Tart, Malteser Slice</b> | 18 |
| <b>Banana &amp; Chocolate Chip Loaf</b>                                      | 20 |
| <b>Almond Crunch Biscuits</b>  | 20 |
| <b>Chocolate Chunk &amp; Ginger Cookies</b>                                  | 12 |
| <b>Omega Energy Fuel Cookies</b>   | 22 |
| <b>Wheat-Free Lemon &amp; Orange Polenta Loaf with Chia Seeds</b>            | 20 |

## OUR DRINKS

|   |       |
|---|-------|
| <b>Coffee</b>   |       |
| Single Espresso   | 10    |
| Double Espresso   | 12    |
| Cappuccino, Latte, Americano, Flat White  | 15/18 |
| <b>Dammann Fine Tea</b>   | 15    |
| earl grey, darjeeling, rooibos vanilla, lapsang souchong, peppermint, jasmine green, passion flower white |       |
| <b>Water</b>  |       |
| Dolomia   | 8     |
| <b>Refreshers</b>   |       |
| Pink Blush, Peach Iced Tea  | 18    |
| Fresh Lemon & Mint Juice, Freshly Squeezed Orange Juice   | 18    |
| The Refresh, Zest For Life, Green Extreme   | 20    |
| <b>Fresh Smoothies</b>  |       |
| Berry Boost, Date & Banana Smoothie   | 20    |