

1762

SUNDAY

Soup of the Day

Roasted Pumpkin & Fennel

Quiche of the Day

Quiche Lorraine

Sandwich of the Day

Buffalo Chicken Wrap

Hot Meal of the Day

Seared Cumin Beef w/ Spiced Lentils

Salads of the Day

Chef Protein Salad

Superfood Quinoa Salad

Mango Puy Lentil Salad

Super Raspberry Salad

The Greek Farro

Avocado Edamame Salad

Zuma Beach Salad

Crunch Kale Rainbow Salad

MONDAY

Soup of the Day

Chicken Noodle Soup

Quiche of the Day

Roasted Red Pepper, Spinach & Feta

Chicken Mushroom & Gruyere

Sandwich of the Day

Mexican Fajita

Hot Meal of the Day

Chicken Tikka Masala

Salads of the Day

Chicken Couscous

The Mean Green Salad

Mixed Bean Salad

Pesto fusilli Salad

The Popeye Salad

Protein power Goddess

Beetroot Green Bean Feta

Kale Tabbouleh

TUESDAY

Soup of the Day

Sweet Potato & Coconut

Quiche of the Day

Caramelized Onion & Goat Cheese

Wheat Free Kale & Broccoli Quiche

Sandwich of the Day

Sticky Chicken Bap

Hot Meal of the Day

Chili Con Carne

Salads of the Day

Chicken Caesar

Orzo with Cherry Tomatoes, Mozzarella & Pesto

Asparagus Grilled Haloumi Quinoa

The Greek Farro

The Popeye Salad

Nutty Pear Salad

Thai Mango salad

Tom Pom Salad

WEDNESDAY

Soup of the Day

Tuscan Bean Soup

Quiche of the Day

SSalmon, Broccoli & Chives

Sandwich of the Day

l762 Down Under Steak

Hot Meal of the Day

Italian Meatballs

Salads of the Day

Chefs Protein Salad

Chicken Couscous

Asian Gabba and 3 Rice Tofu Salad

Roasted Chickpea Salad

Rainbow Pad thai Salad

The healthy Nut Salad

Healthy Green Salad

THURSDAY

Soup of the Day

Creamy Chicken & Mushroom

Quiche of the Day

Salmon, Courgette, Asparagus & Dill

Sandwich of the Day

Braised Beef Brisket

Hot Meal of the Day

Beef Lasagne

Salads of the Day

Chicken Caesar Salad

Orzo w/Cherry Tomatoes, Mozzarella & Pesto

Super Raspberry Salad

Rainbow Pad thai Salad

Zuma Beach Salad

Tom Pom Salad

Kale Tabouleh

Loaded potato