1762 THE GOURMET DELI

BREAKFAST BLAT Bagel 30 turkey bacon, lettuce, avocado and tomatoes Kale Me Burrito 30 crispy bacon, potatoes, peppers, kale, scrambled eggs, chilli Tomato & Herb Omelette 28 fresh herbs and tomatoes (cheese free) Breakfast Sunrise Croissant 28 eggs, monterey jack cheese, tomatoes and rocket Smoked Turkey & Emmental Toastie 22 turkey ham, emmental cheese and mayo 35 Oak-Smoked Salmon Bagel rocket and wasabi cream cheese 30 Sausage & Egg Bap beef sausage, cheddar and 1762 secret sauce 'Super Skinny' Egg White Wrap 30 egg white omelette, spinach, salsa and feta Smoked Turkey & Emmental Croissant 22 turkey ham and emmental cheese Morning Mix individual pots of muesli, yoghurt and more small 20 large 24

COMBOS Hearty Combo 22 Your choice of one pastry with a hot beverage. Substitute for a bagel or an orange juice for +AED 5. Choose from the below: Croissant, Muffin, Toast, or Pain au Chocolat Healthy Combo 32 Your choice of one breakfast pot with either a hot beverage or orange juice. Choose from Wickedly Good For You Bircher Muesli or Large Morning Mix Protein Combo 38 Your choice of one breakfast item with a hot beverage. Substitute for an orange juice for +AED 5. Choose from the below: Filled Omelette, or Super Skinny Egg White Wrap

OUR BEVERAGES	
Hot Beverages Espresso, Caffe Macchiato Double Espresso, Double Caffe Macchiato Cappuccino, Latte, Flat White Hot Chocolate, Mocha Americano Dammann Fine Teas Spanish Latte	10 12 15 15 15 15 20
Fresh Juices & Refreshers Black Magic Lemonade Green Extreme Zest For Life Berry Boost Smoothie Fresh Homemade Rose Lemonade Peach Iced Tea Fresh Lemon & Mint Juice Freshly Squeezed Orange Juice Infused Water	22 22 22 22 20 20 20 20 20
Bottled Beverages Dolomia Mineral Water Jax Coco Water Fentiman's Soft Drinks Organic Cola Qcumber Water Tamaya Juices	8 18 18 20 20

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SANDWICHES, WRAPS & ROLLS	
1762 Roast Beef Yorkshire Pudding Wrap spinach, caramelised onions, horseradish mustard, and a pot of gravy	40
Salmon & Avocado Nori Roll red cabbage, mangoes, spring onions, lime, sesame, pickled ginger, kewpie mayo, sushi rice and nori	40
Arabic Flatbread Toastie halloumi, tomatoes, courgettes, kalamata olives, za'atar and mint pesto	34
The Deli Club pulled BBQ chicken, crispy turkey bacon, avocado, egg, tomato, rocket & mustard mayo	40
Smoked Salmon & Avocado On Rye asparagus pesto, rocket	40
Poached Prawn & Lemon Zest Mayo on Granary rocket and lemon on granary bread	34
Chicken Parmigiana breaded chicken, mozzarella, marinara sauce, rocket	38
Jalapeño Chicken Wrap cheddar, coriander, spinach wrap, smoked chipotle peppers and mayo	38
Organic Free-Range Egg Mayo on Granary chives, rocket, mustard and low-fat mayo	25
Smoked Tuna & Wasabi Mayo cucumber, sugar snaps, seeded baguette	40
Chargrilled Moutabel, Falafel & Spinach Wra pomegranate seeds and pomegranate molassas	p 32
Sandwich of the Day check the blackboard for today's special	

SALADS & SIDES	
I 762 Salads small medium	26 35
ADD A PROTEIN SIDE TO YOUR SALAD Grilled Cajun Chicken Breast Poached Salmon with Lemon & Dill Chimichurri Beef Feta Cheese	25 24 25 5
Sweet Potato & Salmon Fishcake poached salmon, peppers, chillies and coriander	32
Smashed Avocado on Cape Seed Loaf avocado, lemon and mustard cress two slices one slice	28 15

SPECIALS 32-35 Quiches of the Day served on a bed of mixed leaves top it up with a scoop of salad (+AED I4) Soup of the Day 25 served with baguette and butter PLEASE SEE OUR WEBSITE & DELI COUNTERS FOR SPECIALS OF THE DAY

SWEETS	
Protein Power Trio	18
Cake of the Day	20 - 25
Salted Billionaires Shortbread	20
Coconutter Slice	18
Date & Coconut Balls	22
PB Brownie	18