

# 1762

## STRIPPED

### DELI BREAKFAST

<b>BLAT Wholemeal Croissant</b>	25
turkey bacon, lettuce, avocado and tomatoes	
<b>1762 All-Day Burrito</b>	28
eggs, onions, garlic, chillies, peppers, potatoes, coriander and cheddar	
<b>Breakfast Sarnie</b>	30
omelette, sharp cheddar, turkey ham, rocket, tomatoes and 1762 secret sauce	
<b>Cheese &amp; Herb Scone</b>	38
smoked mackerel, cucumbers, rocket and chive crème fraîche	
<b>Breakfast Sunrise Croissant</b>	28
eggs, monterey jack cheese, tomatoes and rocket	
<b>Middle Eastern Breakfast Wrap</b>	30
halloumi, tomatoes, cucumbers, olives, za'atar, mint	
<b>Oak-Smoked Salmon Bagel</b>	35
rocket and wasabi cream cheese	
<b>Protein Sandwich</b>	25
low-fat yoghurt, tomatoes, smoked turkey and eggs	
<b>Tomato &amp; Cheddar Toastie</b>	20
mayo	
<b>Sausage &amp; Egg Bap</b>	28
beef sausage, cheddar and 1762 secret sauce	
<b>'Super Skinny' Egg White Wrap</b>	30
egg white omelette, spinach, salsa and feta	
<b>Smoked Salmon Buckwheat Pancake</b>	32
rocket, baby spinach, horseradish cream cheese, capers and lemon	
<b>Smoked Turkey &amp; Emmental</b>	22
two ways - toastie with mayo or croissant turkey ham and emmental cheese	
<b>'Wickedly Good For You' Bircher Muesli</b>	25
wheat-free oats, bananas, almond milk, honey, chia seeds, sunflower seeds and pumpkin seeds	
<b>Chia, Berry, Kiwi &amp; Coconut Pot</b>	22
blueberries, almond milk, maple syrup, raspberries, spinach and seeds	
<b>Mighty Healthy Organic Porridge</b>	22
almond milk, cinnamon and fruit compote	
<b>Morning Mix</b>	
individual pots of muesli, yoghurt and more	
small	18
large	22

### MADE TO ORDER BREAKFAST

<b>Traditional Eggs Benedict</b>	48
two free range poached eggs, homemade creamy hollandaise and chive sprinkle	
served on (choose one): homemade english muffin, sourdough bread, courgette and carrot fritter	
with (choose one): salmontini, veal bacon, smoked turkey, spinach	
top it up (+AED 10): avocado, asparagus	
<b>1762 Full English</b>	55
two free range organic eggs any style - poached, scrambled or fried	
accompanied by veal bacon, organic cumberland sausage, bubble and squeak, smoky beans and roasted tomato	
served with a selection of assorted breads	
<b>Huevos Rancheros</b>	48
corn tortillas, two free range organic fried eggs, spicy mexican black bean salsa, avocado, mint labneh, coriander, toasted cumin and paprika sprinkle	
<b>Brûlée Brioche</b>	48
with wild berry compote and whipped cream	
<b>Protein Smoothie Bowl</b>	36
hazelnut, banana, almond milk, cacao, raspberry, coconut, pumpkin seeds, chocolate protein powder	

### BAKERY & SWEETS

<b>Nutella Cheesecake with Salted Hazelnuts, Tunisian Orange Cake, Carrot Cake, Wheat-Free Chocolate Torte, Wheat-Free Lemon &amp; Orange Polenta Loaf with Chia Seeds</b>	20
<b>Raspberry &amp; Lemon Curd Macaroon Slice, Twix Brownie, Malteser Slice, Millionaires' Shortbread, Banana &amp; Chocolate Chip Loaf</b>	18
<b>Cinnamon Sugar Pretzel with Hot Butterscotch Foam (made to order)</b>	25
<b>Raw Vegan Cake of the Day</b>	25
<b>Omega Energy Fuel Cookies</b>	22
<b>Protein Power Trio</b>	16
<b>Chocolate Chunk &amp; Ginger Cookie</b>	12
CHECK OUR BOULANGERIE & DELI COUNTER FOR FRESHLY-BAKED PASTRIES, BREADS AND MORE	

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### DELI LUNCH

<b>Salmon &amp; Avocado Nori Roll</b>	38
red cabbage, mangoes, spring onion, pickled ginger, lime, sesame, kewpie mayo, sushi rice, nori	
<b>1762 Roast Beef Yorkshire Pudding Wrap</b>	38
spinach, caramelised onions, horseradish mustard, and a pot of gravy	
<b>Homemade Caprese Focaccia</b>	35
mozzarella, rocket, basil, tomatoes, pesto and black olives	
<b>Jalapeño Chicken Wrap</b>	35
cheddar, coriander, spinach wrap, smoked chipotle peppers and mayo	
<b>1762 'Down Under' Steak Sandwich</b>	38
roast beef, mushrooms, rocket, cheddar, beetroot, caramelised onion jam and mustard mayo	
<b>Arabic Flatbread Toastie</b>	32
halloumi, tomatoes, courgettes, kalamata olives, za'atar and mint pesto	
<b>Crab &amp; Salmon Nori Roll</b>	38
avocado, rice, cucumbers, coriander, beetroot, kewpie mayo, lemon, ginger, soy sauce and wasabi	
<b>Lemon Za'atar Chicken &amp; Halloumi Toastie</b>	35
mozzarella, baby spinach and cherry tomatoes on flatbread	
<b>Vietnamese Chicken Baguette</b>	32
lemongrass chicken, spring onions, cucumbers, carrots, onions, basil, coriander, chilli and mayo	
<b>Skinny Smoked Salmon Wrap</b>	38
cucumbers, dill, guacamole, and mixed leaves in a wholemeal wrap	
<b>Poached Prawn &amp; Lemon Zest Mayo</b>	32
rocket and lemon on granary bread	
<b>Pepper-Crusted Beef Pastrami &amp; Swiss</b>	35
emmental, gherkins and mustard mayo on rye bread	
<b>Organic Free-Range Egg Mayo on Granary</b>	25
chives, rocket, mustard and low-fat mayo	
<b>Tuna Salad on Granary</b>	32
celery, spring onions, parsley, capers, gherkins, lemon, mixed greens and mayo	
<b>Jalapeño Chicken Stuffed Avocado</b>	33
peppers, spring onions, coriander, lime, radish and light mayo	
<b>Tuna, Dill &amp; Gherkin Stuffed Avocado</b>	22
cherry tomatoes, capers, parsley, lemon	

### MADE TO ORDER LUNCH

<b>Pulled Beef Brisket Pot Pie</b>	50
pulled braised beef, mushrooms, carrots and peas with a mustard and herb gravy. topped with homemade butter-laid pastry puff and served with sautéed green beans.	
<b>Creamy Seafood Tagliatelle</b>	60
prawns, calamari and mussels tossed in a creamy lemon sauce and served with sourdough crostini	
<b>Cape Malay Chicken Curry</b>	55
boneless chicken in a blended tomato curry sauce served with 3-spiced rice, peach chutney and our homemade roti	

### SALADS, SIDES & SPECIALS

<b>Skinny Chicken Waldorf Salad</b>	20
celery, apples, grapes, onions, parsley, thyme, labneh, dijon and low-fat yoghurt	
<b>1762 Tatties &amp; Dip</b>	25
rosemary and garlic roasted potatoes, labneh and spring onion dip	
<b>Beetroot &amp; Potato Rosti</b>	32
whipped feta, smashed avocado, sweet potatoes, coriander, onions, horseradish and herbs	
<b>Super Healthy Prawn &amp; Avocado Salad</b>	32
cucumbers, celery, spring onions, chillies, lemon, coriander, dill and french dressing	
<b>Sweet Potato &amp; Salmon Fishcake</b>	30
poached salmon, peppers, chillies and coriander	
<b>Wheat-Free Middle Eastern Chicken Patty</b>	25
courgettes, spring onions, mint, garlic and sumac yoghurt	
<b>1762 Salads</b>	
small	24
medium	32
<b>ADD A PROTEIN SIDE TO YOUR SALAD</b>	22
Grilled Chicken with Lemon & Thyme Poached Salmon with Lemon & Dill	
<b>Quiches of the Day</b>	32
served on a bed of mixed leaves top it up with a scoop of salad (+AED 12)	
<b>Soup of the Day</b>	25
served with baguette and butter	
CHECK OUR SPECIALS MENU FOR DAILY OPTIONS	