

# 1762

## THE GOURMET DELI

### BREAKFAST

#### BLAT Bagel 30

turkey bacon, lettuce, avocado and tomatoes

#### Kale Me Burrito 30

mushrooms, potatoes, peppers, kale, scrambled eggs, chilli

#### Breakfast Sarnie 30

omelette, sharp cheddar, turkey ham, rocket, tomatoes and 1762 secret sauce

#### Tomato & Herb Omelette 28

fresh herbs and tomatoes

#### Breakfast Sunrise Croissant 28

eggs, monterey jack cheese, tomatoes and rocket

#### Smoked Turkey & Emmental Toastie 22

turkey ham, emmental cheese and mayo

#### Buckwheat Beetroot Wrap 30

sweet potato, goat cheese, avocado, mix seeds, mustard cress, cucumber

#### Oak-Smoked Salmon Bagel 35

rocket and wasabi cream cheese

#### Sausage & Egg Bap 30

beef sausage, cheddar and 1762 secret sauce

#### 'Super Skinny' Egg White Wrap 30

egg white omelette, spinach, salsa and feta

#### Smoked Turkey & Emmental Croissant 22

turkey ham and emmental cheese

#### Morning Mix

individual pots of muesli, yoghurt and more

small 20

large 24

### COMBOS

#### Hearty Combo 22

Your choice of one pastry with a hot beverage. Substitute for a bagel or an orange juice for +AED 5. Choose from the below:

Croissant, Muffin, Toast, Scone or Pain au Chocolat

#### Healthy Combo 32

Your choice of one breakfast pot with either a hot beverage or orange juice. Choose from the below:

Chia Berry Kiwi & Coconut Pot, Mighty Healthy Organic Porridge, Wickedly Good For You Bircher Muesli or Large Morning Mix

#### Protein Combo 38

Your choice of one breakfast item with a hot beverage. Substitute for an orange juice for +AED 5. Choose from the below:

Filled Omelette, Smoked Salmon Buckwheat Pancake or Super Skinny Egg White Wrap

### OUR BEVERAGES

#### Hot Beverages

Espresso, Caffe Macchiato 10

Double Espresso, Double Caffe Macchiato 12

Cappuccino, Latte, Flat White 15

Hot Chocolate, Mocha 15

Americano 15

Dammann Fine Teas 15

#### Fresh Juices & Refreshers

Black Magic Lemonade 22

Green Extreme 22

Zest For Life 22

Berry Boost Smoothie 22

Fresh Homemade Pink Lemonade 20

Peach Iced Tea 20

Fresh Lemon & Mint Juice 20

Freshly Squeezed Orange Juice 20

Protien Smoothie 25

Infused Water 10

#### Bottled Beverages

Dolomia Mineral Water 8

Jax Coco Water 18

Fentiman's Soft Drinks 18

Organic Cola 20

Qcumber Water 20

Tamaya Juices 20

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### SANDWICHES, WRAPS & ROLLS

#### 1762 Roast Beef Yorkshire Pudding Wrap 40

spinach, caramelised onions, horseradish mustard, and a pot of gravy

#### Ploughmans Ciabatta 34

cheddar, branstion pickle, onion, lettuce, tomato

#### Cecina Baguette 40

cured beef, cheddar, caramelised leeks

#### Salmon & Avocado Nori Roll 40

red cabbage, mangoes, spring onions, lime, sesame, pickled ginger, kewpie mayo, sushi rice and nori

#### Arabic Flatbread Toastie 34

halloumi, tomatoes, courgettes, kalamata olives, za'atar and mint pesto

#### The Deli Club 40

pulled BBQ chicken, crispy turkey bacon, avocado, egg, tomato, rocket & mustard mayo

#### Smoked Salmon & Avocado On Rye 40

asparagus pesto, rocket

#### Poached Prawn & Lemon Zest Mayo on Granary 34

rocket and lemon on granary bread

#### Chicken Parmigiana 38

breaded chicken, mozzarella, marinara sauce, rocket

#### Jalapeño Chicken Wrap 38

cheddar, coriander, spinach wrap, smoked chipotle peppers and mayo

#### Organic Free-Range Egg Mayo on Granary 25

chives, rocket, mustard and low-fat mayo

#### Smoked Tuna & Wasabi Mayo 40

cucumber, sugar snaps, seeded baguette

#### Chargrilled Moutabel, Falafel & Spinach Wrap 32

pomegranate seeds and pomegranate molassas

#### Sandwich of the Day

check the blackboard for today's special

### SALADS & SIDES

#### 1762 Salads

small 26  
medium 35

#### ADD A PROTEIN SIDE TO YOUR SALAD

Grilled Cajun Chicken Breast 25  
Poached Salmon with Lemon & Dill 24  
Chimichurri Beef 25  
Feta Cheese 5

#### Sweet Potato & Salmon Fishcake 32

poached salmon, peppers, chillies and coriander

#### Smashed Avocado on Cape Seed Loaf

avocado, lemon and mustard cress  
two slices 28  
one slice 15

### SPECIALS

#### Quiches of the Day 32-35

served on a bed of mixed leaves  
top it up with a scoop of salad (+AED 14)

#### Soup of the Day 25

served with baguette and butter

PLEASE SEE OUR WEBSITE & DELI COUNTERS FOR SPECIALS OF THE DAY

### SWEETS

Valrhona Chocolate Truffle of the Day 22

Protein Power Trio 18

Cake of the Day 20 - 25

Salted Billionaires Shortbread 20

Raw Vegan Sweet of the Day 25

Coconut Slice 18

Date & Coconut Balls 22

PB Brownie 18

Salted Maple Walnut Slice 20

Lychee & Amara Jelly with White Chocolate Mousse 20